



ROPER ST. FRANCIS

PHYSICIAN PARTNERS

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Hemorrhoidectomy Post-Operative Instructions

You have undergone a hemorrhoidectomy which is associated with severe pain. As the local anesthesia which was administered in the operating room wears off you will experience significant discomfort.

To help with this pain we have prescribed pain medication, which you should take as directed, and you should take warm baths up to once every hour for 15 minutes starting tonight.

We would also like you to take a fiber supplement twice a day; once in the morning and once at night. We suggest either Metamucil capsules or Citrucel tablets. You should drink at least eight 8oz glasses of water a day. Also, we want you to take Colace 150mg twice daily.

If you do not have a bowel movement for 3 days, then you should take 4 tablespoons of Milk-of-Magnesia.

Things to be concerned about

1. Severe bleeding (passing cups of blood or a large amount of clots)
2. Fever greater than 101.5
3. Difficulty urinating

If any of the above occurs you should call the office at 843-958-1281. Even after hours someone will answer.

You should already have a post op appointment scheduled but if you don't, you can call the office to schedule it within 10 days of your surgery.

*** If you think you are running low on pain medicine and might need more, you must call the office Monday-Thursday 8am- 4pm and Friday 8am to 1pm. Prescriptions will not be filled at night or on the weekends.

Thank you for allowing us to participate in your medical care.

The Team at Charleston Colorectal Surgery